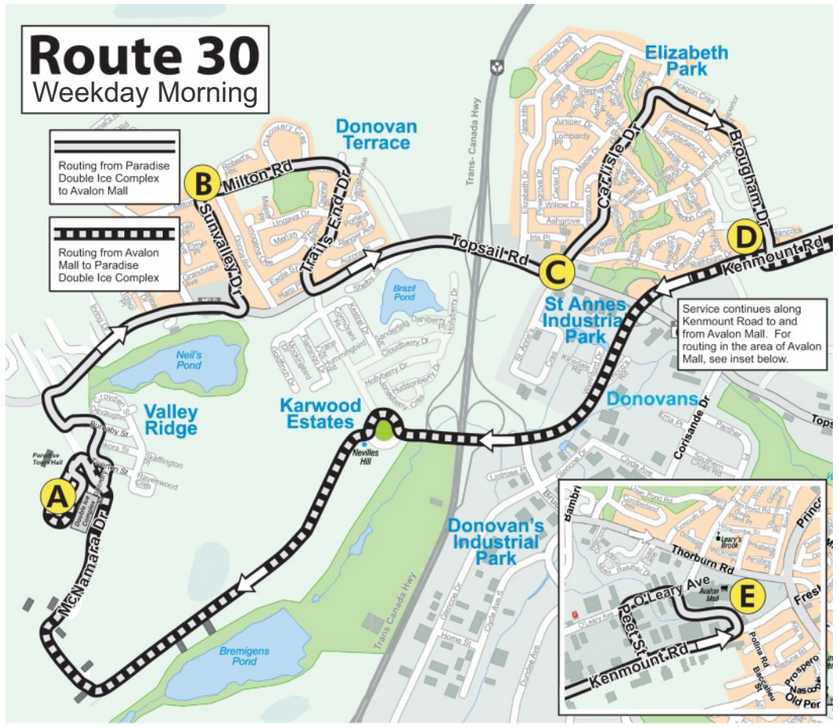

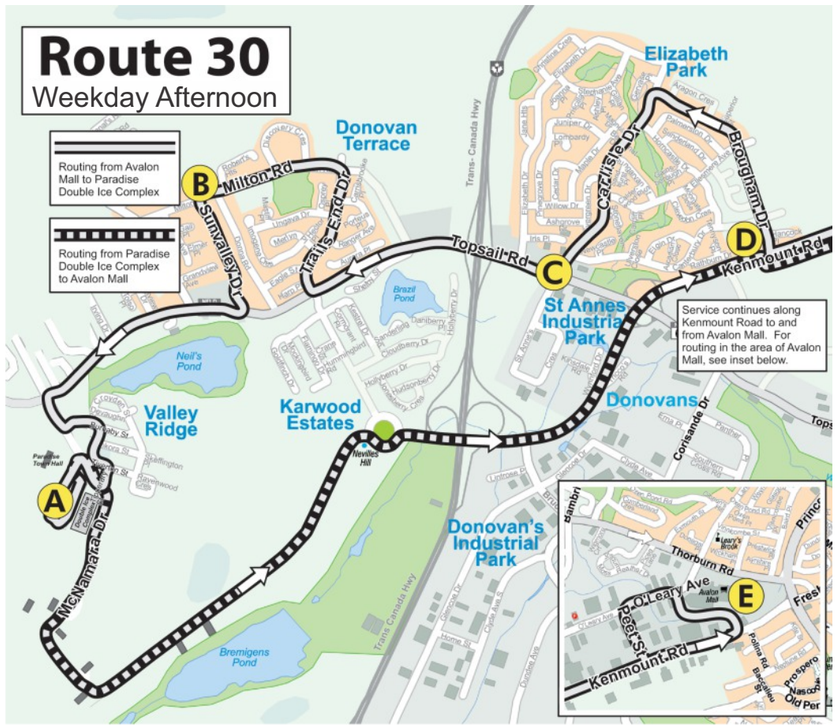

LIST OF BUS STOPS SERVICED IN ORDER OF TRAVEL

(for next bus departure times from a bus stop, text the 4-digit STOP ID to 88188)

Morning Service to Avalon Mall

	STOP ID	STOP NAME
A	6069	Double Ice Complex
	6101	Tipperary St at Tiverton
	6102	Tiverton St at Kinkora
	6103	Burnaby St opp civic 22
	6104	McNamara Dr Sobeys
	6105	Topsail Rd civic 1583
	6106	Topsail Rd civic 1555
	6107	Sunvalley Dr civic 6
	6090	Sunvalley Dr civic 72
B	6108	Milton Rd civic 48
	6109	Milton Rd opp Discovery Cres
	6110	Milton Rd civic 108
	6111	Trails End Dr civic 55
	6112	Trails End Dr civic 25
	6113	Trails End Dr opp civic 8
	6114	Topsail Rd Coffee Matters
C	6091	Carlisle Dr Marie's Mini Mart
	6115	Carlisle Dr civic 32
	6116	Carlisle Dr civic 54
	6117	Carlisle Dr at Horncastle
	6118	Brougham Dr civic 8
	6119	Brougham Dr civic 46
	6120	Brougham Dr civic 60
D	6121	Brougham Dr civic 98
	6217	Kenmount Rd opp Metro Self Storage
	6145	Kenmount Rd Terra Nova Motors
	6015	Kenmount Road Honda
	6173	Kenmount Rd civic 439
	6175	Kenmount Rd civic 351 Epilepsy Bld
	6209	Kenmount Rd civic 297
	2620	Kenmount Rd Tim Hortons
	2622	Kenmount Rd civic 199 Fairfield Inn
	2626	Kenmount Rd Academy Canada
	1611	Kenmount Rd Cohens
E	1600	Avalon Mall Upper Stop

Morning Service to Double Ice Complex

	STOP ID	STOP NAME
E	1600	Avalon Mall Upper Stop
	1605	O'Leary Ave civic 38 Body Works
	1610	Peet St Cora's Restaurant
	1614	Kenmount Rd Ramada
	6180	Kenmount Rd Mazda
	1613	Kenmount Rd Ornamental Concrete
	6156	Kenmount Rd Lady Smith Dr
	6157	Kenmount Rd Great Eastern Dr
	6216	Kenmount Rd Metro Self Storage
	6144	Kenmount Rd Brougham
	6222	Kenmount Rd civic 980 Crossroads
	6219	Kenmount Rd civic 1108
	6150	Kenmount Rd Paradise
	6151	Kenmount Rd Paradise
	6152	Kenmount Rd Paradise
	6153	McNamara Dr Kenmount Rd
	6154	McNamara Dr at Belfor
	6155	McNamara Dr at CM College
A	6069	Double Ice Complex

Afternoon Service to Double Ice Complex

	STOP ID	STOP NAME
E	1600	Avalon Mall Upper Stop
	1605	O'Leary Ave civic 38 Body Works
	1610	Peet Street Cora's Restaurant
	1614	Kenmount Rd Ramada
	6180	Kenmount Rd Mazda
	1613	Kenmount Rd Ornamental Concrete
	6156	Kenmount Rd Lady Smith Dr
	6157	Kenmount Rd Great Eastern Dr
	6216	Kenmount Rd Metro Self Storage
D	6144	Kenmount Rd Brougham
	6093	Brougham Dr civic 81
	6128	Brougham Dr civic 37
	6129	Brougham Dr civic 9
	6130	Carlisle Dr civic 115
	6131	Carlisle Dr civic 73
	6132	Carlisle Dr civic 41
C	6094	Carlisle Dr No Frills
	6133	Topsail Rd Lawtons
	6134	Trails End Dr civic 8
	6135	Trails End Dr civic 36
	6136	Trails End Dr civic 58
	6137	Milton Rd civic 115
	6138	Milton Rd at Discovery Cres
B	6139	Milton Rd civic 35
	6095	Sunvalley Dr civic 67
	6140	Sunvalley Dr civic 7
	6141	Topsail Rd civic 1486
	6142	Topsail Rd civic 1534
	6143	Topsail Rd civic 1564
	6147	McNamara Dr at Topsail Rd
	6148	Burnaby St civic 28
	6149	Tipperary St at Tiverton St
A	6069	Double Ice Complex

Afternoon Service to Avalon Mall

	STOP ID	STOP NAME
A	6069	Double Ice Complex
	6122	McNamara Dr opp CM College
	6123	McNamara Dr opp civic 145 Belfor
	6124	McNamara Dr civic 192
	6125	Kenmount Rd opp civic 1290
	6126	Kenmount Rd civic 1243
	6127	Kenmount Rd civic 1187
	6221	Kenmount Rd opp civic 980 Crossroads
	6218	Kenmount Rd civic 1103
	6217	Kenmount Rd opp Metro Self Storage
	6145	Kenmount Rd Terra Nova Motors
	6015	Kenmount Rd Honda
	6173	Kenmount Rd civic 439
	6175	Kenmount Rd civic 351 Epilepsy Bld
	6209	Kenmount Rd civic 297
	2620	Kenmount Rd Tim Hortons
	2622	Kenmount Rd civic 199 Fairfield Inn
	2626	Kenmount Rd Academy Canada
	1611	Kenmount Rd Cohens
E	1600	Avalon Mall Upper Stop

Call or click before you split

Please visit metrobus.com or call Ride Guide at (709)722-9400 before heading to your bus stop to make sure your route is operating normally.

We are proud to support the St. John's School Lunch Program.

Metrobus

Effective
Sep 7, 2026 - Jun 27, 2027

(schedule subject to change without notice)

ROUTE 30

Fall/Winter Schedule

Route 30 Service Areas

Avalon Mall
Paradise Double Ice Complex
Trails End
Elizabeth Park
McNamara Drive
Kenmount Road

Rates of Fare & Fare Options

(effective March 1, 2020)

	Monthly & 30-Day Pass	10-Ride Pass	Cash Fare
Adult	$78.00	22.50	2.50
Senior*	$53.00	18.00	2.50
Child**	$53.00	18.00	2.00

Semester Pass - $275.00
(available for post secondary students)

Exact cash fare is required when boarding. Drivers do not carry change. Please see inside for a list of bus pass (mCard) sales outlets. *Senior - aged 65 years and older. **Child - age 12 - 17 years. Children under 12 ride for free. There is a one-time fee of $5.00 on new mCard activations.

Route 30 Schedule (operates Monday to Saturday)

Double Ice Complex to Avalon Mall | Avalon Mall to Double Ice Complex

DIRECTION →	Double Ice Complex	Milton Rd @ Sunvalley	Carlisle Dr @ Topsail Rd	Brougham @ Kenmount	Arrive Avalon Mall	Depart Avalon Mall	Brougham @ Kenmount	Carlisle Dr @ Topsail Rd	Milton Rd @ Sunvalley	Double Ice Complex
CHECK POINT →	A	B	C	D	E	E	D	C	B	A
MAP REFERENCE →										

WEEKDAY

30-1	-----	-----	-----	-----	-----	640a	-----	-----	-----	700a
30-1	700a	705a	715a	720a	735a	735a	-----	-----	-----	755a
30-1	755a	802a	813a	820a	835a	840a	-----	-----	-----	900a
30-1	900a	907a	918a	925a	940a	945a	-----	-----	-----	1005a
30-1	1005a	1012a	1023a	1030a	1045a	1050a	-----	-----	-----	1110a
30-1	1110a	1117a	1128a	1135a	1150a	1155a	-----	-----	-----	1215p
30-1	1215p	-----	-----	-----	1240p	1240p	1251p	1258p	105p	120p
30-1	120p	-----	-----	-----	145p	145p	156p	203p	210p	225p
30-1	225p	-----	-----	-----	250p	250p	301p	308p	315p	330p
30-1	330p	-----	-----	-----	355p	400p	411p	418p	425p	440p
30-1	440p	-----	-----	-----	505p	510p	521p	528p	535p	550p
30-1	550p	-----	-----	-----	615p	615p	626p	633p	640p	655p*

*Indicates bus is returning to garage. Check with Driver for last stop serviced.

Times shown are scheduled but may vary due to traffic, weather or unforeseen conditions.

Help us stay on schedule, please have your mCard or cash fare ready as the bus is approaching.

How to read this schedule

Locate the correct schedule based on the day of the week you are travelling and then locate the correct direction you are travelling in. The times shown are for major checkpoints along the route and letters shown above the checkpoint name refer to locations that are shown on the route map. For example, if you want to travel from Milton Road to the Avalon Mall on a Monday at approximately 7:00a, you would look at Monday - Friday schedule for the direction "Double Ice Complex to Avalon Mall". The bus leaves Milton Road/Sunvalley Drive **(B)** at 7:05a and arrives at the Avalon Mall **(E)** at 7:35a. If your bus stop is before the Milton Road/Sunvalley Drive checkpoint, you would need to be at your bus stop a few minutes before 7:05a and if your bus stop is after the Milton Road/Sunvalley Drive checkpoint, you would need to be at your bus stop soon after 7:05a. Please arrive at your bus stop at least 5 minutes ahead of your scheduled departure time.

Riding Metrobus is easy with your mCard!

Our mCard is an interactive smart card that we use to handle all of our fare media, except for cash fares. The mCard is the same size as a credit card. When you board the bus, hold your mCard in front of the on-board validator to pay the fare. The validator recognizes the type of fare or pass on the card, and approves or denies the ride electronically. Because it's a smart card, you keep using the same card week after week, month after month. Value is added to the mCard by the user at any of our sales outlets or you can add value to your mCard online at metrobus.com.

mCard Pass Sales Outlets:

Avalon Mall (Customer Service Centre)
Shoppers Drug Mart (390 Topsail Rd, LeMarchant Rd, Freshwater Rd, Churchill Sq & Torbay Rd)
St. John's City Hall (Cashier's Office)
Memorial University (The Attic)
College of the North Atlantic (The Bookstore)
Marine Institute (Campus Store)
Metrobus Transit Centre (25 Messenger Drive)
www.metrobus.com

Contact Information:

Customer Service Centre
25 Messenger Drive
(Use route 10 or 16 and tell your driver you want to go to Metrobus)

Open Weekdays - 7:30am - 7:00pm
Saturdays & Sundays - 10:00am - 5:00pm

Ride Guide Schedule Information
(709)722-9400
To help us serve you better, please have the following information ready when calling us for route information:
- where you are leaving from, where you are travelling to & the time of the day you would like to travel.

Or visit us online at www.metrobus.com.

Double Ice Complex to Avalon Mall | Avalon Mall to Double Ice Complex

	Double Ice Complex	Milton Rd @ Sunvalley	Carlisle Dr @ Topsail Rd	Brougham @ Kenmount	Arrive Avalon Mall	Depart Avalon Mall	Brougham @ Kenmount	Carlisle Dr @ Topsail Rd	Milton Rd @ Sunvalley	Double Ice Complex
	A	B	C	D	E	E	D	C	B	A

SATURDAY

30-1	-----	-----	-----	-----	-----	840a	850a	855a	900a	910a
30-1	910a	915a	920a	925a	940a	945a	955a	1000a	1005a	1015a
30-1	1015a	1020a	1025a	1030a	1045a	1050a	1100a	1105a	1110a	1120a
30-1	1120a	1125a	1130a	1135a	1150a	1155a	1205p	1210p	1215p	1225p
30-1	1225p	1230p	1235p	1240p	1255p	100p	110p	115p	120p	130p
30-1	130p	135p	140p	145p	200p	205p	215p	220p	225p	235p
30-1	235p	240p	245p	250p	305p	310p	320p	325p	330p	340p
30-1	340p	345p	350p	355p	410p	415p	425p	430p	435p	445p*

Double Ice Complex to Avalon Mall

STOP ID	STOP NAME
A 6069	Double Ice Complex
6101	Tipperary St at Tiverton
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6106	Topsail Rd 1555
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6090	Sunvalley Dr 72
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6015	Kenmount Rd Honda
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6175	Kenmount Rd 351 Epilepsy Bld
2620	Kenmount Rd Tim Hortons
2626	Kenmount Rd Academy Canada
1611	Kenmount Rd Cohens
E 1600	Avalon Mall Upper Stop

Avalon Mall to Double Ice Complex

E 1600	Avalon Mall Upper Stop
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6216	Kenmount Rd Metro Self Storage
D 6144	Kenmount Rd Brougham
6093	Brougham Dr 81
6128	Brougham Dr 37
6129	Brougham Dr 9
6130	Carlisle Dr 115
6131	Carlisle Dr 73
6132	Carlisle Dr 41

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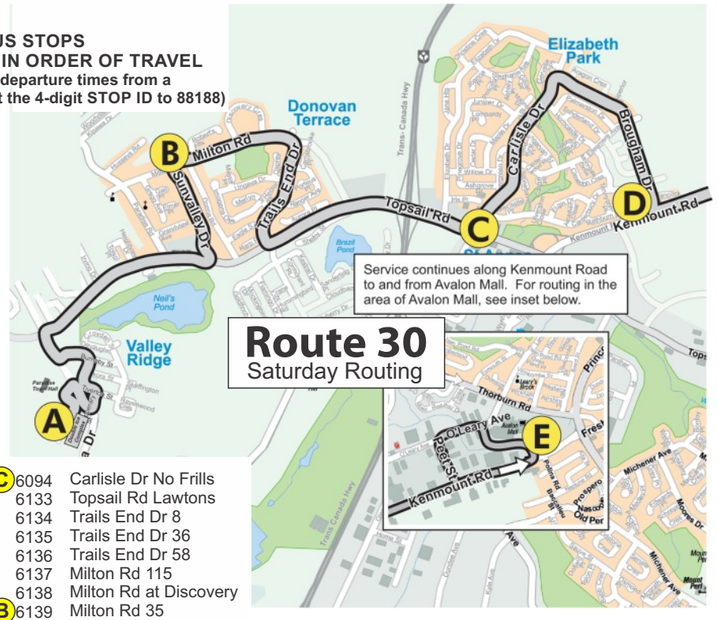
(for next bus departure times from a bus stop, text the 4-digit STOP ID to 88188)



C	6094	Carlisle Dr No Frills
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	6134	Trails End Dr 8
	6135	Trails End Dr 36
	6136	Trails End Dr 58
	6137	Milton Rd 115
	6138	Milton Rd at Discovery
B	6139	Milton Rd 35
	6095	Sunvalley Dr 67
	6140	Sunvalley Dr 7
	6141	Topsail Rd 1486
	6142	Topsail Rd 1534
	6143	Topsail Rd 1564
	6147	McNamara Dr at Topsail Rd
	6148	Burnaby St 28
	6149	Tipperary St at Tiverton St
A	6069	Double Ice Complex